

## *The voices of our patients*

*“I can’t say enough about the atmosphere and the therapy I received. The way they handled the small things, if I needed something extra, was very good.”*

*“I return to the program sometimes just to tell them how great they were and to show them how much I’ve improved.”*

*“I am extremely pleased. My husband was treated very well and made so much progress. The staff was most hardworking.”*

*“My son still talks about how good everyone was to him. He wants to come back to say hello.”*

*“We respect each person as an inherently valuable member of the human community and as a unique expression of life. We respect the inherent dignity and worth of every individual.”*


*– St. Joseph Health System – Sonoma County  
Values Statement*



# *R*eturning Home

About Our Acute  
Rehabilitation Program

**Acute Rehabilitation Program**  
Santa Rosa Memorial Hospital  
1287 Fulton Road  
Santa Rosa, CA 95401  
(707) 543-2420

**Santa Rosa  
Memorial Hospital**   
ST. JOSEPH  
HEALTH SYSTEM  
A Ministry of the  
Sisters of St. Joseph  
of Orange

# Fostering Independence.

*It's at the heart of every service we provide. If you have suffered a debilitating illness or injury, the individualized medical care and therapy treatments we offer can help you work to recover the skills needed to reclaim your independence and return to life in your community.*

Santa Rosa Memorial Hospital's Acute Rehabilitation Program has served Northern California as a leader in medical rehabilitation since 1984. We are proud to offer inpatient therapy and education programs that are recognized for excellence, and make a difference in the lives of the people we serve.

## **We Can Help**

If you or your loved one has experienced any of these conditions, please inquire about our program:

- Amputation
- Multiple traumatic injuries
- Arthritis
- Neuromuscular disease
- Brain injury
- Spinal cord injury
- Congenital disease
- Stroke
- Lower extremity fracture

## **How It Works**

Our multidisciplinary team is trained to give you the best in rehabilitation care. Each day, you'll receive a schedule of therapy designed to meet your individual goals and help you return home. This may include treatments to help you balance, walk, eat, swallow, communicate, care for yourself safely, and manage diabetes or other medical conditions.

## **A Team Approach**

You and your family are essential members of the rehabilitation team and are involved in all aspects of decision-making and treatment planning. Together, we provide a comprehensive program designed to help you progress through the recovery process – one step at a time.

Headed by a board-certified physician specializing in rehabilitation (physiatrist), your

treatment team includes your case manager, dietitian, neuropsychologist, occupational therapist, spiritual care advisor, physical therapist, rehabilitation nurse, respiratory therapist, and speech-language pathologist.

## **Your Self-Determination**

It's more than your right. It's an essential ingredient in your ability to get well. That's why we'll encourage you to do as much as possible for yourself during your stay with us. You, your family, and caregivers will receive training early on to help you achieve the best possible outcomes using the latest technology and equipment.

## **Commitment to Quality**

Your quality of life is the yardstick against which each treatment result is measured. This focus stands at the center of all activities included in your treatment plan. *We are proud that our rehabilitation outcomes consistently meet or exceed national standards.*

## **A Healing Atmosphere**

Healing involves the whole person: body, mind, and spirit. Our facility is surrounded by spacious grounds where you'll find a relaxed and informal atmosphere conducive to rehabilitation.

## **For More Information**

Please give us a call to find out more about the services we offer. Or come visit us at 1287 Fulton Road in Santa Rosa, California. We would be happy to give you a tour of our facility and answer any questions you may have. You can reach us at (707) 543-2420.